

Deadly Sins

AN ALL TO HIM SERMON SERIES

GROUP DISCUSSION GUIDE WEEK 7: LUST

SERIES OVERVIEW

Sin doesn't just make you bad- it leaves you dead. These seven sins are subtle, seductive, and deadly, and the enemy uses them to rob you of the life God intends. In this series, we're going to call these sins what they are, drag them into the light and learn how to kill them by the power of the Holy Spirit.

CONTEXT

In Matthew 5:27-28, Jesus teaches that even looking at someone with lustful intent is akin to committing adultery in one's heart. Similarly, 1 Thessalonians 4:3-8 emphasizes the importance of sanctification and controlling one's body in holiness, avoiding sexual immorality as a part of God's will for believers.

THE BIG IDEA

Lust uses people for personal pleasure. Guard your heart and your eyes and use your body for the glory of God.

ICE BREAKER

Let's have some fun! Who was your first crush and what was it about them that you thought was amazing? (Keep it G rated ;)

SCRIPTURE:

Matthew 5:27-30

27 "You have heard that it was said, 'You shall not commit adultery.' 28 But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.

29 If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell.

30 And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.

1 Thessalonians 4:3-8

3 For this is the will of God, your sanctification: that you abstain from sexual immorality; 4 that each one of you know how to control his own body in holiness and honor, 5 not in the passion of lust like the Gentiles who do not know God; 6 that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you.

7 For God has not called us for impurity, but in holiness. 8 Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.

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GROUP DISCUSSION

What is one thing that stood out to you from the sermon and why do you think God wants you to remember this truth?

As a group, define “lust”. What are the ramifications of sex becoming god instead of sex being a gift from God to be enjoyed in marriage?

Read Matthew 5:27-28. What’s the difference between looking at someone and looking with “lustful intent”? How do you know when you have crossed the line?

Read 1 Thessalonians 4:3–8. Discuss the deadly effects of lust according to these verses and the sermon. Go to the Crosspoint app to get a list of effects. (Home- Engage-Take Notes)

Referencing 1 Thessalonians 4:5, Pastor James shared that if you are not warring against the sin of lust, you may not know God because if you know God the Spirit of God lives in you and you desire to war against sin. Discuss how and why this is true.

What does 1 Corinthians 6:18 tell us about sexual sin in relation to other sin? Discuss how lust distorts you physically, emotionally, relationally and spiritually.

Read Matthew 5:29-30. Knowing the deadly effects of lust, how do we kill lust before it kills us? (See the app for ways to kill lust) What is your first/next step to kill lust in your life from this list?

Discussion continued:

What role does shame play in our relationship with lust and who is the author of shame?

All To Him: When reflecting back on our Deadly Sins series, what is keeping you from giving your all to the One who gave His all for you?

PRAYER (In gender based groups)

*Share praises, answered prayers, and prayer requests. Confess area(s) in your life where you need God to help you with your lust. Pray for each other.

Closing Prayer(come back together as a group)
God, show us our sin and help us daily to kill the sin of lust in the name of Jesus. Thank you for the gift of sex. God we acknowledge you are the creator of sex and you call us to a life of holiness. God may everything we do, say and think honor You. Amen